



Lexi Wilson

LMT

Professional Experience

- Licensed Massage Therapist
- Has been a Massage therapist for 7 years
- Went to Blue Cliff College in Fayetteville for Massage Therapy

About Lexi:

Lexi loves the outdoors and feeling at peace in nature. For myself, the water is an exceptional place to achieve both of those things. I have always had a love for animals and a passion for helping them. Helping any living being has become a devoted and committed part of my life's mission. So, with that being said, massage has also helped me create a bridge between that aspect of myself and my career life.

Personal Interest:

- Passionate about outdoor activities and spending time in nature, with paddleboarding and swimming being favorite pastimes
- Always up for spontaneous day trips that combine fresh air, exercise, and quality time with her dogs

Specialties:

- Swedish Massage
- Trigger Point Therapy
- Deep Tissue Massage