

Lake Wabaunsee

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About me

I began my teaching career at Wilson Park Pool 10 years ago instructing swim lessons as a lifeguard and absolutely loved it. Since then I have taught various sports/activities like skiing, football, strength and conditioning, basketball, volleyball and even English overseas. I graduated with a Kinesiology degree in 2019 and have tried to utilize my knowledge and love for helping others learn new skills and hope to keep doing so for as long as possible.

Certifications

American Red Cross Water Safety Instructor
American Red Cross Adult & Pediatric CPR/AED

Specializations

Ages 2-65 including those with disabilities

Available Hours

Weekdays: 5:30-7:30 PM