



Cody Lucas

LMT

Professional Experience

- Licensed Massage Therapist
- Has been a massage therapist for 7 years

About Cody:

Cody's approaches each massage session with sensitivity & adaptability. He aims to reveal the client's physical state and proprioceptive awareness, relax unnecessary tension, and restore a sense of lightness and balance.

Personal Interest:

- Music Production and Production (plays the base guitar)
- Has been practicing Brazilian Jiu-Jitsu for over 5 years
- Playtime and adventures with his son

Specialties:

- Swedish Massage
- Trigger Point Therapy
- Deep Tissue Massage